



Braeport Memory Cafe



The Story so far



2016

- *Dementia Friendly Dunblane (DFD)* partnership established
- Training / learning events for Dunblane people
- social events for people living with dementia and carers

2017

- Community Pride Grant-Stirling Council
- DDT Working group formed & volunteers-23 recruited
- Braeport Memory Café Launched

2018

- *Life Changes Trust* funding received for further development
- Appointment of Breda Seaman as DFD Development Co-ordinator

2019

- Memory Café receives *SVE Volunteer Team Award* from Stirling
- Additional funding to maintain Co-ordinator Role

Stirling Volunteer Enterprise Awards 2019

Volunteer Team of the Year



Received on behalf of all Memory Café Volunteers

Funding boost for Dementia Friendly Dunblane 2018/19



- The Dunblane Development Trust (DDT) received £20,000 from the *Life Changes Trust* to develop a range of services for those in the community with dementia as part of the Dementia Friendly Dunblane Initiative.
- This will include the continued expansion of activities such as inter-generational engagement with local schools, music memory activities with charity Playlist for Life, encouraging local businesses to become dementia friendly and developing Dunblane as a dementia friendly community.
- DDT is encouraging all Dunblane residents and community & business organisations to get involved in making our town not only safe for people with dementia, but inclusive, empowering and stimulating for them.
- As well as developing the Braeport Memory Cafe, DDT will also work with local residential homes, churches, sports clubs and other community facilities to provide more opportunities for people with dementia to join in all activities.



The Braeport Memory Café is a Working Group created by DDT to reflect the Trust's commitment to the *Dementia Friendly Dunblane* partnership. It is a volunteer run social group for people with dementia and their carers, providing:

- A space for them to meet with others for support and social contact.
- Activities such as music, movement, reminiscence and craft to enhance wellbeing of those with dementia.
- Opportunities for informal support and information for carers



How the Memory Café operates



A drop-in session for people in the Dunblane area with mild to moderate dementia and their carers every Wednesday afternoon 2-4 pm at the Braeport Community Centre with activities run by trained volunteers

Activities

Intergenerational events

Games

Show and tell

Crafts

Music







A dementia friendly community is one that is committed to helping people with dementia remain an integral and active part of that community

Dunblane

Memory Café volunteers
Development Trust
Community Council
Wind Farm Fund
Tesco Community Champions
Another Tilly Tearoom
Discover Dunblane
Dunblane Centre
Medical Practice & Patient Participation Group
Randolph Hill Nursing Home
Rotary Club

Stirling Area

Stirling Carer's Centre
Stirling Council
Stirling Council Community Pride Fund
Stirling Voluntary Enterprise
Alzheimer's Scotland
Stirling Carer's Centre
Clackmannanshire Third Sector Interface

Thanks for your help *today*; you might need us *tomorrow*!

Braeport Memory Café: Plans, aspirations and issues

- Volunteer training to enhance knowledge and skills .
- Encourage volunteers to visit other dementia projects to share experience.
- Share our experience with other communities
- A Summer canal boat trip with afternoon tea organised by the Seagull Trust.
- Consultations with those with dementia and their carers to gauge needs and aspirations and ways of fulfilling them



- Outside activities?

